



Sarah Musgrave

You could say that Sarah Musgrave was born to tell stories.

She says that even in the face of suffering, hope is not in vain and magic lurks. Her stories take us to universes where friendship, love, sport and travel are always present.

Sarah Musgrave is a woman in love with her great companion on the greatest adventure of them all: Rafael, her son.

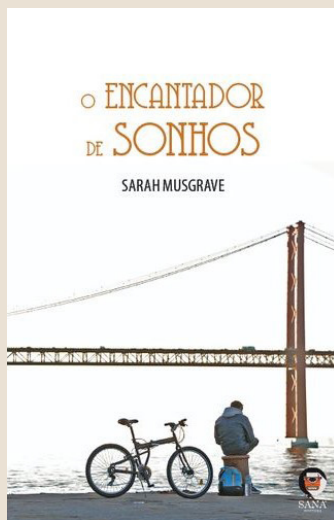
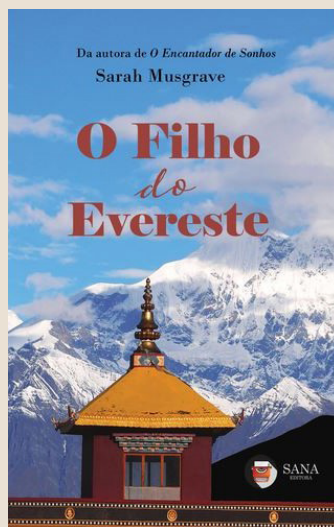
With a degree in Biology and Geology Teaching, she passionately pursues another of her vocations: teaching.

Born in 1972 in White Haven, Cumberland, in the north of England, she runs, climbs, swims, never turning down new adventures and opportunities.

She has written over 20 books and in 2015 she began her life as a published author with the book *Papoila Selvagem* [Wild Poppy]. In 2018, she began her journey at Sana Editora, publishing *O Encantador de Sonhos* [The Dream Charmer]; in 2019, *O Filho do Evereste* [The Son of Everest] and now *A Rapariga das Mil Vidas* [The Girl of a Thousand Lives].

To the delight of us all, she still has many stories to tell.

Other books by the author:



SARAH MUSGRAVE

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EDITORA

THE GIRL OF A THOUSAND LIVES

A Rapariga  
das Mil  
Vidas

Sarah  
Musgrave



This novel begins with Noa, the protagonist, on the day she turns 35, reflecting on the life she dreamed of and the life she is living. She is displeased with the path she has chosen. When she leaves the house and has a puncture, she calls her boyfriend, Francisco, to ask for help. He arrives and changes the tire, but makes it clear that he doesn't want to be with her, even though it's her birthday. Noa feels offended and gets in the car, accelerating after him. She ends up losing control of the car and has an accident, in which she is seriously injured.

When she wakes up, Noa is in the hospital, disoriented, and doesn't remember how she got there. She discovers that she has a husband and a baby daughter. Her family, parents and siblings, are different. Noa is pregnant, but she doesn't accept it well.

Confusion ensues, as Noa is certain that she doesn't belong in that life, but doesn't know how to explain it. She tries to tell her partner what is happening, but he doesn't believe her. She ends up resigning herself and tries to take care of her daughter, who she does not feel is hers, and live a life, which she doesn't consider hers either.

The memories of this new life emerge, little by little, as if they were images from films she saw but had not experienced. The choices that the Noa of this life made were very different from hers. In this life, he graduated in economics and works in a finance department; she is successful. When Noa goes into labor, she is taken to the hospital to have a cesarean section. The operation doesn't go well and Noa ends up dying.

Noa wakes up in an unfamiliar house and, at first, she doesn't remember how she got there. Gradually, she remembers her first and second lives. She takes a walk around the house and realizes that the house is hers and that she is in another life, different from the previous ones. She still doesn't understand what's going on, just that, for some unknown reason, when she dies she jumps to another life. In this life, she is a very competent manager, with a privileged economic situation.

Her best friend in this life, Caty, realizes that something is wrong and won't rest until she tells her what's going on. Caty believes her and promises to help her. Noa decides to seek help by undergoing hypnosis. However, the results do not help her, as they confirm that it is not a delusion of her mind.

Noa decides to look for Francisco, unable to forget him. When she discovers him, their meetings begin to take place in a bar, whose owner, Stefan, seems to be flirting with her.

Caty, who is a Judiciary Police officer, asks Noa to help her with a detainee, António, who tells a story similar to hers: he says he was living one life and woke up in another. António is accused of having murdered his wife and her lover, but he claims that it wasn't him, that when he woke up he was already under arrest. Noa sympathizes with the man and finds him a lawyer. However, before Noa can help him, António ends up dying in prison from a cardiac arrest.

Francisco and Noa become sexually involved, but he makes it very clear that he does not intend to have a relationship with her. She is heartbroken, but decides to cut ties and avoid seeing him. However, she goes to a mutual friend's birthday party at Stefan's bar. The meeting between Noa and Francisco goes wrong and she leaves the bar crying. Stefan goes after her, but is unable to stop her and

she ends up in a car accident, dying.

When she wakes up in her new life, Noa is in Thailand on a trip with friends. Soon after waking up, Noa comes across Stefan, who in this life is a paramedic, but is on an aimless trip through Asia. When she begins to access Noa's memories of her new life, she discovers that she is a victim of domestic violence and that she intended to escape during this trip.

Noa decides not to return to Portugal, traveling around Asia with Stefan. At one of the meat markets they visit, Noa saves a dog and a cat, feeling that she has found a purpose in life: saving animals. Stefan agrees with her and they buy a house to turn it into an animal shelter. Together they rescue animals and help the people in the village where they live.

The two end up falling in love and live a beautiful love story. They are happy and life is going very well for them, until the day Noa's ex-husband finds her. The husband attacks Noa in such a way that she ends up dying, in Stefan's arms, on the way to the hospital.

When Noa wakes up in her fifth life, she is a doctor in a hospital in New York. He is a very lonely person, without friends and family. She ends up making friends with a nurse, Jules, and an elderly woman, Alice, who lives in the same building as her. She ends up discovering that Alice is like her, that she had another life, in which she died and woke up in this one. He ends up confiding in her about what's going on with him.

Noa goes into shock when she discovers that the Stefan of this life has cancer and is under her care. The two end up getting closer, but without jeopardizing the professional doctor/patient relationship, becoming a friendship when Stefan is released from the hospital and his condition is considered to be in remission.

A child, Adam, with cancer, is abandoned in the hospital and Noa feels a strong bond with him and, as such, decides to be his foster mother. With Alice's help, Noa gives Adam a home, who never knew what it meant to be happy.

The Francisco of this life crosses paths with Noa because his eight-year-old son Henrique suffers from leukemia. Initially, his presence bothers her, but then she realizes that she no longer has feelings for him. Henrique needs a bone marrow donor and Noa decides to be a donor, improving his health.

Noa and Stefan become romantically involved and move in together, taking Adam and Alice with them. The atmosphere is happy, Adam and Alice have adapted well to Stefan and Noa. One day, when she is on duty, Noa comes across António, who recognizes her immediately. He is in pain, he was responsible for a chain accident on the highway because he was driving under the influence of alcohol. He manages to steal the revolver from one of the security guards and, despite Noa trying to dissuade him, he commits suicide.

This episode overshadows Noa's happiness, who continues to miss her original life, despite being happy in this life. However, Stefan becomes ill again and, despite Noa donating part of her bone marrow, he ends up dying. Noa is inconsolable.

The hospital administrator calls Noa into his office, beats her and rapes her. The attack is so violent that she cannot resist and dies.

In the sixth life, Noa wakes up on a plane heading to Angola, she is the mother of two children and has a dog and a cat. She wakes

up with a start, as the terror she experienced in her previous life is transported to this one, and she ends up having to be hospitalized upon arrival in Luanda.

Noa is shocked to discover that she is married to Francisco. She is a geologist and he is a manager and they were both hired to work in Angola. The doctor who sees Noa informs Francisco that she is suffering from post-traumatic stress. Francisco appears to be understanding and accepts Noa's strange attitudes without questioning.

Noa misses practicing medicine, discovering that is her calling and doesn't know how to become a doctor, something that makes her truly happy. An accident occurs at a construction site she visits, and she saves the worker thanks to her medical knowledge.

Francisco realizes that this is not his wife, as she suffers from a violent aversion to blood. Noa ends up telling him the truth and he believes her, despite it being an unbelievable story.

At the airport, Noa crosses paths with Henrique, who recognizes her. She realizes that he died in the other life and woke up in this one. The kid insists that Francisco is his father. Noa ends up telling Janayara, the mother, what is happening to her son. Despite the great difficulty in accepting Noa's words, she ends up understanding.

Janayara is a doctor at a public hospital in Luanda and manages to arrange a permission for Noa to practice at the hospital. Francisco fears that Noa will get into trouble, but she explains to him that she can't stay away, that there are many people who need her help.

On one of her visits to Portugal, Noa meets António, who tells her that he managed to return to his original life after committing suicide in New York. This leaves Noa hopeful, as she really wants to return to her original life because she misses her family dearly.

Noa is kidnapped by a group of organ traffickers, who want her to operate for them. She realizes that the leader of the group is the man who raped her before. In despair, Noa decides that the only way out is to commit suicide, which she does successfully.

When she wakes up, Noa realizes that she managed to return to her original life, on her thirty-fifth birthday. Noa calls her parents to her house and tells them everything she has experienced, discovering that her mother experienced the same thing as her.

Noa decides to take a study medicine and look for Stefan. She also discovers that Adam lives happily with his parents and that Alice is in a home. When she goes to visit her, he discovers that Francisco is her grandson and that he takes care of her. The two end up becoming friends.

On the day that Noa finds out that she managed to get into med school, she goes to Francisco to celebrate. Francisco is run over and his life is in danger. When the ambulance arrives, one of the paramedics is Stefan. Noa is moved by the reunion and realizes this is the same Stefan from New York, that thanks to the gift of bone marrow, he woke up in another life.

The story ends a few years later, with Noa in labor with twins, married to Stefan and a surgeon in a good hospital. They're all happy.