The Girl and the Wise Woman

Margarida didn't understand what made her classmates like or dislike her... The Wise Woman, in a journey through some exotic landscapes throughout the world, helps her to discover the beauty in the variety of feelings... and people! A timeless tale to make you think and reflect. A journey through words, but also music and imagination.

It all started with the author's simple intention to offer a gift on her daughter's eighth birthday, something that was timeless and impactful. This is how this book was born, illustrated by the author herself, bilingual, (Portuguese/French) of "A Menina e a Sábia"/ "La Petite Fille et la Voix de la Sagesse".

However, it does not have only the text: It has a soundtrack, created by Cláudio Carvalho and implemented with the help of several musicians, and can be used as an audiobook in Portuguese and French. Multiple uses in a single project.

Throughout this work, an analogy is present between the landscapes of our planet – their characteristics – and the personalities of the people we interact with. The constant dialogue between the girl, Margarida, and the Wise Woman, an abstract figure that appears in Margarida's mind and thoughts – perhaps an epiphany – is intended not only to help in overcoming the difficulty of social integration that the girl feels in relation to her classmates, as well as conveying lessons to face the adversities that await you in life:

"Because I love you so much, I have the sweet illusion of being able to protect you, teach you, prepare you for everything you will have to face... but in moments of lucidity, I realize that it is impossible..." in "A Menina e a Sábia"/ "La Petite Fille et la Voix de la Sagesse"



Susana Freitas

Emília Susana Ribeiro de Freitas was born on the 22nd of March, 1975, in Marco de Canaveses.

She completed a bachelor's degree in Geography at the University of Coimbra, and has been teaching geography since 1998.

In 2008, she completed a master's degree in Human Geography from the same university. She also taught adults, combining this with regular education.

In 2011, she started painting as a hobby. She attends painting classes whenever possible. She evolved quickly, and two years later she began exhibiting her paintings, having already held several shows.

In September 2014, she released her first book, a short story written and illustrated by herself: *A Menina e a Sábia* [The Girl and the Wise Woman].

In 2016, she founded Sana Editora.

In 2018, he republished her first book, this time in a bilingual format and with a soundtrack.

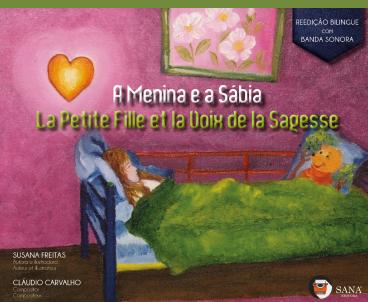


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" (...) you will find many people who you think are 'deserts', who seem empty, uninteresting, without content and who have nothing to teach you or who are not important to you. However, when you take a closer look at them, despite their appearances, they will be much more beautiful than you imagine."



"There are people who are deceptive like quicksand, or like swamps. There are muddy and dark swamps, but others can bloom at certain times of the year and are the habitat for many animals. Even swamps can have something good and be useful for the whole planet."



" (...) There are people who are tough and have suffered from life's adversities, but have a lot of experience. This experience makes them indispensable, just like the northernmost regions of the planet. Despite the cold, as they are almost always covered in snow, and the darkness, they are rich in resources and stunningly beautiful. It is in this region that the largest forest in the world is found - the coniferous forest - and where you can see rare phenomena, such as the northern lights..."



"So which of these people/landscapes should I be?" asked Margarida.

"First you should try to understand what you are like and what kind of person you want to be. In any case, you've already realized that there is always something good and something that won't be so good. Appearances don't always matter. You don't always have to solve everything, you can be like the water, who doesn't struggle with obstacles, but has the wisdom to work around them. It won't always be worth facing others, especially over unimportant matters..."



"Isn't the water a bit cowardly?" Margarida ventured to ask.

"I don't think so. Have you noticed that water, which seems fragile, which bypasses obstacles, also has the strength to corrode rocks and transform the surface of the earth? The proof is in the fantastic shapes that we find everywhere, especially on the coast. The softer rocks end up wearing out and the harder ones end up overcoming the water, just like the most determined people. Or you can be like water: with patience, determination and work, you will achieve your goal."